## E RAI UN KAI – THUNDER BAY IAIDO AND JODO CLUB





What is laido?: laido (ee-eye-doh) is the art of simultaneously drawing and cutting with the Japanese long sword (katana). The art of laido would appear to be a simple one. The student sits or stands quietly, draws out a blade and cuts through the air all in one stroke, then puts the sword away again. To the casual observer, there is not a lot to see. laido is an exacting art which

demands a high level of focus and mental concentration. It is an art of precise motions with only centimetres of tolerance and split second timing. It is also an individual art that involves the student and the sword struggling to achieve perfection of form.

Beyond this physical aspect, laido is also a philosophically oriented Japanese budo art. The name "laido" itself is composed of three ideograms: "I", "AI" and "DO". "I" means to "reside" or "be" in a certain place; "AI" means "harmony"; and "DO" means "road" or "path". Hence, "laido" means the path to finding harmony in any situation in which one finds oneself – to be prepared for any eventuality

What is Jodo?: Jodo (jo-doh) is the art of the short wooden staff (approximately 4' in length). We study the art and techniques of the Jo used against an opponent armed with a Japanese sword (katana).

## Schools Taught

laido: Muso Jikiden Eishin Ryu (MJER) Seitei lai (Zen Ken Ren laido) Jodo : Seitei Jo (Zen Ken Ren Jodo) Shindo Muso Ryu Jodo (SMR)

Rai Un Kai began in Thunder Bay in 1997 holding classes in the Canada Games Complex. Rai Un Kai is a member dojo of the Canadian Kendo Federation the governing body of Kendo, laido and Jodo in Canada.

In 2008 Rai Un Kai moved to their present location at "the Dojo" located at 137 Pruden St. in Thunder Bay. The facility has a large open wood floor (approx 25' x 55') which is perfect for the pratice of iaido, and in fact all bare-foot martial arts.

## Instructors

Rai Un Kai has two instructors authorized to instruct by the Canadian Kendo Federation.

Eric Tribe – Iaido 6-dan Renshi , Jodo 5-dan Doug Martin – Iaido 5-dan, Jodo 4 – dan.

More information about the club and instruction times and fees can be found at the following website: http://my.tbaytel.net/etribe/

For telephone inquires, please call Doug Martin (807) 627-5687